

# warm up questions

*To spark connection*

A great warm-up question will create connection and familiarity in your small group - and helps women to feel at ease. A group that can laugh together indicates that trust is present. Here are some of our favorites!

## BE TOGETHER CO. WARM UP QUESTIONS

- Must-have Trader Joe's (or other local specialty store) item.
- One thing in your house you'd like to get rid of but can't. (Can't be a family member or pet!)
- Best gift you've ever received and why.
- If you could hop on a plane anywhere, where would it be?
- Favorite Christmas tradition from childhood or now.
- A hidden or unusual talent.
- As a child what did you want to be when you grew up and why?
- What was your favorite road trip or vacation?
- Walk on the beach or hike in the mountains?
- Three apps on your phone you can't live without.
- If you had 1 hour of free (and alone) time, what would you do?
- If you were stranded on an island, what three things would you need to have to survive?
- What prayer have you been praying the longest?
- What is a scripture or passage in the Bible that you've clung to and has changed or shaped you?
- What creative gift would you most like to have that you don't already possess?
- Are you a morning person or a late owl?
- Share a book or devotional that you've read recently that you loved.
- Are you more of a rule breaker or rule keeper? Why?
- What's one of your nicknames and how did you get it?
- As a child, what was your idea of fun?
- What's a phrase your parents often said to you as a child that you promised yourself you'd never say, but now you catch yourself saying all the time?
- As a child, what did you want to grow up to be?